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August 10, 2005

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MEMORANDUM

NSLP 2006-07 RCCI 2006-05

To: All NSLP Sponsors

From: Pat Cook and Katherine Stewart, RD, CPFM

Office of Child Nutrition and School Health Nutrition Education Program Consultants

Subject: Eat Your Colors Every Day

"Each year during the month of September, Produce for Better Health Foundation, the Centers for Disease Control and other 5 A Day partners conduct a nationwide effort to promote eating a colorful variety of fruits and vegetables daily for better health". The September 2005 promotion hand-out has been released for use in child nutrition programs.

Both a colored copy and a black/white copy of the hand-out is attached for use in promotion of fruit and vegetable consumption in your National School Lunch and School Breakfast Program, as well as, nutrition education and wellness projects at your school. These hand-outs may also be reproduced in your newsletters, as handouts for training, or posted on your web page.